

CAMSHAFTS Ford Puma 1.7 16v

Valve lifts quoted assume a rocker ratio of 1:1

All profiles designed for standard diameter tappets. Oversize shims may be required for reground cams.

Part No.	Application	Power Band	Power Increase	Duration			Valve Lift			Timing		Full Lift		Valve Clearance	Price exc.VAT
				Inl	Exh		Inl	Exh	Open	Close	Inl ATDC	Exh BTDC			
PUMBP270	FAST ROAD	2000-7000	10 BHP	272 deg	240 deg		.358" 9.09mm	.304" 7.72mm	26-66 50-10		110 deg	110 deg	.008" / .20mm .012" / .30mm	£180 Repro £402 Blank	
PUMBP285	RALLY Not suitable for std injection.	3500-8200		280 deg	272 deg		.368" 9.35mm	.358" 9.09mm	34-66 64-28		106 deg	108 deg	.010" / .25mm .010" / .25mm	£180 Repro £402 Blank	

Ford RS2000 16V

Valve lifts quoted assume a rocker ratio of 1:1

RS2BP270H	FAST ROAD	2000-7000	10 BHP	264 deg	264 deg		.428" 10.87mm	.396" 10.05mm	22-62 62-22		110 deg	110 deg	HYDRAULIC	£180 Repro £443 Blank
RS2BP285H	ROAD RALLY	2500-7500	15 BHP	288 deg	264 deg		.407" 10.33mm	.396" 10.05mm	34-74 62-22		110 deg	110 deg	HYDRAULIC	£180 Repro £443 Blank

Ford RS2000 / Sierra DOHC 8V

Valve lifts quoted assume a rocker ratio of 1:1

DOHCBP270H	FAST ROAD	1500-6200	8 BHP	264 deg	260 deg		.428" 10.87mm	.395" 10.03mm	22-62 60-20		110 deg	110 deg	HYDRAULIC	£180 Repro
DOHCBP285H	ULTIMATE ROAD	2000-6800	15 BHP	270 deg	268 deg		.428" 10.87mm	.436" 11.07mm	25-65 62-22		110 deg	110 deg	HYDRAULIC	£180 Repro

Honda 16v V/Tec

Valve lifts quoted assume a rocker ratio of 1.49:1 on low & mid, 1.56:1 on high lobe.

Part No.	Application	Power Band	Duration			Valve Lift			Full Lift		Valve Clearance	Price exc.VAT
			Low	Mid	High	Low	Mid	High	Inl ATDC	Exh BTDC		
VTECBP270	FAST ROAD Gives Intergra type R power.	2000-8200	In 230 Deg Ex 230 Deg	In 240 Deg Ex 240 Deg	In 278 Deg Ex 272 Deg	In .220" Ex .200"	In .290" Ex .295"	In .440" Ex .406"	108 deg	108 deg	.010" / .25mm .012" / .30mm	£488 Blank
VTECBP285	ROAD RALLY	3200-8600	In 236 Deg Ex 236 Deg	In 256 Deg Ex 256 Deg	In 304 Deg Ex 280 Deg	In .235" Ex .233"	In .350" Ex .348"	In .457" Ex .440"	104 deg	106 deg	.010" / .25mm .012" / .30mm	£488 Blank

NEW

Honda 2.2 16v V/Tec

Valve lifts quoted assume a rocker ratio of 1.49:1 on low & mid, 1.56:1 on high lobe.

VTEC22BP270	FAST ROAD	2000-8200	In 230 Deg Ex 238 Deg	In 280 Deg Ex 278 Deg	In 280 Deg Ex 278 Deg	In .255" Ex .299"	In .445" Ex .412"	In .469" Ex .438"	108 deg	108 deg	.008" / .20mm .010" / .25mm	£488 Blank
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Additional Components for above engines:

PULDUM - Puma 1.7 alloy vernier exh pulley £93

VDSVTEC - Honda vtec double valve spring set £138

TBP32 - Honda vtec competition cam belt £33

FOLPUM - Puma 1.7 competition solid follower set £334

SC12 - Honda vtec steel valve spring retainer set £50

PULDVTEC - Pr Honda vtec alloy vernier pulleys £159